

Midwest Sports Medicine Institute, S.C.
2521 Allen Blvd.
Middleton, WI 53562
(608) 831-3335

Welcome to the Midwest Sports Medicine Institute, where keeping you active is our top priority. We see athletes and non-athletes of all ages and abilities and are especially interested in the importance of lifelong exercise to promote and maintain health. We also evaluate musculoskeletal pain of any cause, musculoskeletal injury from sports, work or daily life, and any exercise-related concern. We do not function as a chronic pain clinic, as there are competent pain specialists elsewhere in Madison.

Sports Medicine is a medical specialty and is divided into operative and non-operative categories. As with all of medicine lately, the degree of complexity in diagnosis and treatment continues to increase. On the non-operative side, an increased understanding of biomechanics and tissue healing has allowed introduction of new and more effective therapies.

Clinic Hours

Monday, Tuesday, Wednesday: 8:30am – 5 pm

Thursday: 8:30 am to 8:30 pm

Friday morning we are available to take your call

Appointment Scheduling

Appointments can be scheduled by calling the above number between 8:30am and closing time. At these times, clinic personnel have access to the appointment schedule and can ensure that your appointment does not overlap with someone else's. We have designed our scheduling system to minimize your wait for an appointment. If you need to cancel, please call us with enough advance notice to allow another patient to have your time slot. Please use the after hours voicemail for this purpose if you need to. Please avoid missing appointments, as this inconveniences other patients.

After Hours

Calling the clinic telephone number (831-3335) after hours will put you through to our voicemail. We check our voicemail at the beginning of the next business day and will contact you at that point. If you need to cancel an upcoming appointment, this can easily be done by leaving a message on our voicemail, and we will contact you to confirm the cancellation and to re-schedule if desired.

If you have an urgent need, the voicemail system menu allows you to contact Dr. Adams.

No Shows

Please make every effort to keep your scheduled appointment. Failure to keep your scheduled appointment on two occasions will result in no further appointments being scheduled for you. This is done to minimize inconvenience to other patients.

Referrals

When you are referred to us by your physician, we maintain close contact with your physician, in order to provide optimum care. We also welcome self-referrals. When an evaluation of your condition has occurred elsewhere and studies have been done (imaging, such as x-rays, MRI, CT scans, or other studies such as EMG), please hand carry these with you to your appointment with us, so that all information is available to allow a complete evaluation.